

Chinese New Year's Celebration at Asia City Buffet

On Friday, February 8, eighteen friends, family members, new and old students from the various schools, and Sifu gathered together to enjoy this bountiful buffet and each others' company. We discussed some aspects of tai chi and martial arts as we savored the shrimp, crawfish, pickled ginger, kimchi, loquots, seaweed salad and many other delicacies. Some of us finally learned how to use chopsticks, although we still need to practice at home. It was good to make new friends and see old ones. We had fun as the phoenix and dragon hovered over us.

A Happy Year of the Snake to all!



















